

Annual Review



2015/16



FOREWORD



We knew 2015/16 was going to be another busy year but none of us could have predicted quite how busy it turned out to be!

From April onwards we were preparing for our office move from Vision

Point in Tipton into Old Hill High Street, which would see the start of our 'Hub and Spoke' plan for Agewell taking shape.

The accommodation consisted of two interconnected shops across two floors which enabled us to create office space upstairs and open our first Goodwill Shop and Community Hub downstairs.

Staff and volunteers rose to the challenge – we were particularly thankful for the support we received from a team of young volunteers and local Vodafone staff who worked so hard to help us get the premises ready – and on 21st July 2015 we moved in.

By October we had really settled in. The Goodwill Shop was open 6 days a week, manned by an ever-growing team of enthusiastic volunteers, and we had an active programme of activities and events for older people taking place in the Community Hub including weekly strength and balance classes, a weekly knitting and crafts group and monthly drop-in sessions for people with hearing loss.

We entered the New Year full of ideas to expand further, only to be greeted with the devastating news that the lease wouldn't be renewed and we had no option but to move again – and quickly!

It soon became clear that whilst we could find new office accommodation nearby, there was nothing available that would give us the space we needed

to continue with the Goodwill Shop or Community Hub, both of which we had to close when we moved to Cradley Heath at the end of March.

Disappointing for us all but thankfully there was some good news on the horizon! In February we were approached by the Mi Volunteers service to run the Hospital Shop in the Outpatients Department at Sandwell Hospital and we all quickly agreed this was an opportunity not to be missed. By 4th April 2016 we were up and running – but more about that in next year's Annual Review!



So two office moves in 8 months, the opening and closing of a Goodwill Shop and Community Hub and the opening of a Hospital Shop - and most importantly no interruption to the services we

provide for older people across Sandwell and West Birmingham. Proof indeed that Agewell has resilience and is a truly robust organisation.

I hope you enjoy reading more about our achievements



this year on the following pages. As you would expect, we've lots more initiatives and plans in the pipeline so keep an eye on our website

www.agewelluk.org.uk for all our latest news.

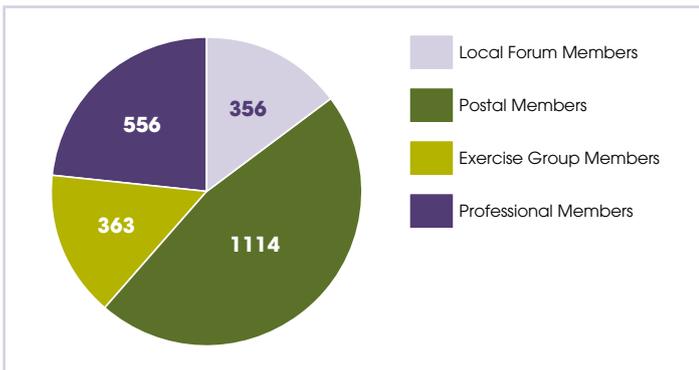
Deb Harrold, Agewell CEO.

MEMBERSHIP PROFILE

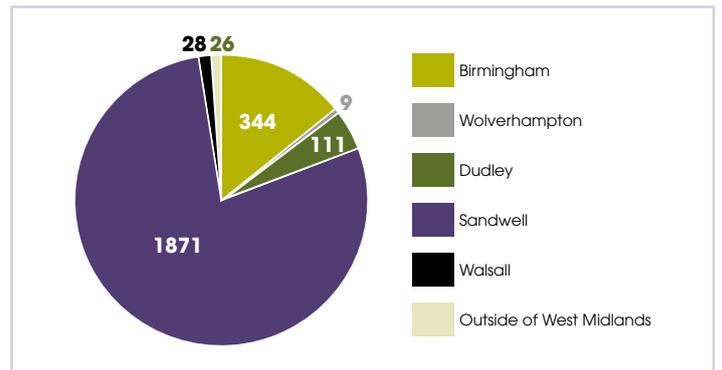
Overall Membership

Anyone aged 50 and over can become a member of Agewell. This year, membership increased to 2,389, up 6% on last year. 77% are older people themselves, 23% are professional members.

Membership Type

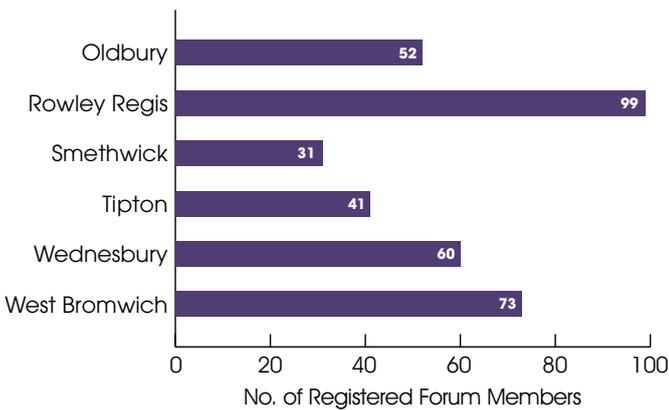


Membership by Area



Local Forum Members

Monthly Local Forums are held in each of the six towns in Sandwell and they all continued to flourish this year with a total of 356 registered members, split as follows:



Exercise Group Members

13 weekly exercise classes were held in community venues across Sandwell this year. There was a total of 363 registered members, 29% of whom stated they had a disability.

The annual evaluation completed by 119 participants confirmed that:

- 75% of class members had not had a fall in the last six months
- Of the 21% who had fallen, only 3 of them needed to go to hospital
- 1 in 5 class members felt encouraged to take up other forms of exercise as well

AGEWELL
membership
increased
this year by **6%** to
2,389

NEARLY Agewell members are
200 from ethnic minority
communities





OLDER PEOPLE AT OUR HEART

Our governance structure provides a number of opportunities for members to get involved at a higher level in Agewell and we are very grateful to all of the following for their continued hard work and valued contribution.

Advisory Committee	Chair	Vice Chair
West Bromwich Local Forum	Jessica Ferguson	Pauline Robinson
Wednesbury Local Forum	John Allen	Mavis Hughes
Smethwick Local Forum	Doris Strange	Richard Weaver
Oldbury Local Forum	Dorothy Nemedi	Vacancy
Rowley Regis Local Forum	Clive Atkins	Josie Connor
Tipton Local Forum	Dot Abbey	Arthur Plant
Executive Board		
Agewell Directors	Deb Harrold (CEO), Pauline Withey, Kuldip Bahia	
Agewell Members	Edna Barker (Chair), Clive Atkins, Vacancy	
Non-Executive Directors	Jayne Salter-Scott, Wendy Garcarz, Steve Corton	

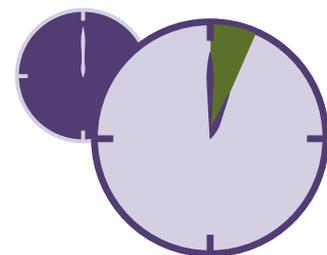
Volunteering for Agewell

Agewell volunteers are quite simply our lifeblood. We are only able to achieve so much, and to make such a difference to the lives of so many older people because of their invaluable help and support.

The number of volunteers increased this year with many new faces joining the team to help run the Goodwill Shop and Community Hub. Overall our volunteers contributed a total of 2,446 hours (up 90% on the previous year). A massive thank you to you all.



A big thank you also to all staff who always go the extra mile for our clients, as well as our sessional workers.



Our volunteers contributed

2,446

HOURS IN TOTAL

↑ 90% on last year

AGEWELL IN ACTION

Our mission is to help older people to 'age well' and we provide a number of services which are proven to help them to live happier, healthier lives retaining their independence for as long as possible.

2015/16 was the third year of our contract with Sandwell and West Birmingham CCG and the second year of our Community Offer contract with Sandwell Council. We continued to work closely with Sandwell and West Birmingham Hospitals NHS Trust too.

During the year:





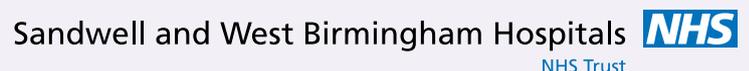
WHERE THE MONEY CAME FROM...

	2015/16	2014/15
Income		
SWBCCG (NHS)	£298,391	£320,850
SMBC Community Offer	£185,220	£100,000
OBI/Flexi Bed	-	£25,000
Mytime Active	£2,956	£2,333
Community-based Exercise Classes	£19,995	£9,185
SWBH (Marketing)	£4,000	-
Fixed Assets	£17,972	£19,147
Birmingham University	£3,750	£2,000
Agewell Spoke - Oldhill	£6,093	-
Miscellaneous	£683	£700
Total	£539,060	£479,215

Partnership working



Sandwell and West Birmingham Clinical Commissioning Group



...AND HOW IT WAS SPENT

	2015/16	2014/15
Direct Costs		
Purchases	£65,095	£39,600
Sessional Workers	£36,254	£35,311
Total	£101,349	£74,911
Administration Costs		
Salaries and On Costs	£180,327	£156,544
Pensions	£13,169	£14,691
Insurance	£7,146	£7,244
Printing, Postage & Stationery	£4,948	£9,632
Software Costs	-	£1,185
Telephone	£6,867	£5,053
Travel & Mileage	£8,196	£5,457
Bank Charges	£60	£48
Consultancy Fees	£22,835	£10,074
Legal Fees	£1,670	-
CRB Checks	£92	£216
Rent & Rates	£7,281	£13,550
Heat, Light, Power & Water	£3,002	-
Accountancy	£4,838	£2,042
Subscriptions	£7,993	£2,299
Equipment Hire & Maintenance	£967	£758
Repairs & Renewals	£4,883	-
Advertising	£16,505	£18,633
Hospitality Costs	£13,054	£15,674
Training Costs	-	£2,935
Depreciation	£5,991	£6,383
Total	£309,824	£272,418



November 2015

A special borough-wide Agewell Forum took place in November 2015 at The Old Post Office in Wednesbury.

David Jamieson, Police and Crime Commissioner for the West Midlands and Superintendent Jan Thomas-West were invited to meet with over 50 Agewell members and guests who were keen to discuss their concerns over community policing proposals.



March 2016

Agewell's new self-help guide for older people 'Staying Steady, Staying Safe' was launched in March 2016 at our popular weekly community exercise class at St Bernard's Church in Hamstead.

The key message is that having a fall is not an inevitable part of ageing. With the right support and advice, whether you are 65 or 95, there are a number of simple changes you can make to your lifestyle and your home to help you stay steady on your feet and protect your independence.

For more information about Agewell and our services, contact us as follows:

T: 0121 796 9333

F: 0121 227 1978

E: info@agewelluk.org.uk

W: www.agewelluk.org.uk

© Published by Agewell CIC in October 2016

**Agewell is a Community Interest Company
Registered in England No. 8397609**



agewell
sharing experience